



UCG NEWS

Guelph, Ontario March, 2009

Sunday Programs for March and April

Services start at 10:30 a.m. at 122 Harris Street, Guelph, www.guelph-unitarians.com. 519.836.3443
We have Spiritual Development programs for children 4 and older, and childcare for younger children.

March 1 (Pod 4)

GUELPH ACTIVISTS AND THE SPIRIT OF COMMUNITY –

Guelph's social, community and environmental activists engage in a daily struggle to make our community and the world better. What vision motivates them to take action? What events in their lives led them to become activists? What do they feel links their activism with spiritual paths or values? How do they find the balance between anger and optimism, hope and outrage? A panel of Guelph-area activists who are not congregation members will discuss how and why they became activists, what motivates them to carry on, and what gives them hope for a better world. Unitarians value social action and seek to engage in action in our communities. As Unitarians we have much to share with, and learn from, these activists in our broader Guelph community. Panelists include: Norah Chaloner, James Gordon, and Sam Turton. See page 7 for info about after the service. Service leader: Paul Smith

March 8 (Pod 5)

IMPORTANCE OF BEING DIFFERENT

Respecting other people's choices comes to mind as one of the most important ways to communicate our clear understanding and appreciation of their inherent worth and dignity. That decision can present us with a personal struggle when we want to rescue someone and convince them to live their life differently. International Women's Day provides us with the opportunity to look at this dilemma particularly in the lives of women who may be choosing to live in challenging circumstances. Speaker Adriana Magoulas, Service Leader: TBA

March 15 (Pod 6)

TRUE BELIEVERS/TRUE UNBELIEVERS: "There is probably no God, so stop worrying and enjoy your life" This slogan appeared in Britain last month in an advertising campaign, has migrated to Canada and made the front page of the United Church Observer in February. Our Presenter, John Buttars is a retired United Church Minister and will offer his well-considered thoughts on the topic. Service Leader: Harold Chapman

March 22 (Pod 1)

OF HUMILITY AND COURAGE-LIFE & TIMES OF A SEED

Through the daunting challenges facing a single seed as it enters this world, USC Canada's Faris Ahmed explores the work of the millions of small farmers and food producers that work with USC's Seeds of Survival program, and in doing so fighting to make a global food system work for them. Faris has been Director of Canadian programs at USC for 5 years, and prior to that worked with the International Development Research Centre, Oxfam, South Asia Partnership and CUSO. His areas of focus are Asia and Africa, agriculture, environment and health. Service Leader: Nancy Schmidt

March 29 (Pod 2)

THE FUTURE IS NOW

This special service will feature the youth of the UCG community as they share their experiences of coming up to the edge of adulthood in these times of crisis, of hope, of wonder. Service Leaders: The UCG Youth Group

April 5 (Pod 3)

QUAKER FRIENDS

Christopher Small, from a Quaker group in Kitchener-Waterloo, will be our guest speaker. Service Leader: TBA

April 12 (Pod 4)

THE JOURNEYS

How did you come to UCG? What has been the course of your spiritual journey, within and beyond the Sunday Morning Walls? Most Unitarians were not raised Unitarian. They come because they are seeking something. Some stay for a short time, some land for life. And most journeys twist and turn, quite a few times. *Join us on the New Members' Sunday to welcome New Members to our Congregation.* Hear how several of our community members answer these very questions and take the time to reflect on your own journey. Service Leader: Nancy Schmidt

April 19 (Pod 5)

WE NEED PEACE...NOT PIECES - Author of *Their Jihad...Not My Jihad*, Raheel Raza is an award winning writer, speaker, diversity consultant and interfaith advocate. She has appeared in print, on television and radio to discuss diversity, harmony and interfaith topics, received numerous awards (including a "Making a Difference" award from the Canadian Council of Muslim Women) and was a panelist at the first Islamic Feminism Conference in Barcelona, Spain. A fervent advocate for human rights, Ms. Raza is the first Muslim woman in Canada to lead mixed gender prayers. With a welcoming approach to sharing her knowledge of Islam in diverse communities, she brings us her reflections on Islam and peace, including her thoughts from a journey made in late 2008 to Israel.

Service leader: Dave Hudson (tbc)

April 26 (Pod 6)

EARTH DAY

The Guelph Centre for Urban Organic Farming is a newly established centre for learning about urban organic production practices for both back yard gardeners and commercial growers. Presenter: Ann Clark, University of Guelph. Service Leader: TBA

May 3 (Pod 1)

BELTAINE/MAY DAY

This Pagan festival marks the glorious blooming of Spring. Join us round the May Pole, this year outside (weather permitting.) Service Leader and Presenter: Linda Reith

MISSION STATEMENT OF THE UNITARIAN CONGREGATION OF GUELPH

The Unitarian Congregation of Guelph is a spiritual community that is deeply rooted in Unitarian Universalist principles which provide a spiritual basis for ethical living. We celebrate diversity and affirm each individual. We support social and environmental justice through a democratic process. We welcome all seekers of truth and meaning in to our religious community.

(adopted at the Annual General Meeting, September 29, 2002)

UCG News

is the newsletter published regularly by the Unitarian Congregation of Guelph.

122 Harris Street,
Guelph Ontario N1E 5T1
Phone 519-836-3443

Typed, handwritten or phoned-in submissions are always welcome, as are contributions on diskette. E-mail gordonwanda@hotmail.com or telephone

519-822-6353 **Items for next newsletter are due by April 12, 2009**

In an effort to save trees and money, we are e-mailing as many Newsletters as possible. If you prefer it by mail, please let Wanda know.

COMING EVENTS

March 1 – Sunday Services
 March 4 - Chant Club – 7:45 pm
 March 5 – Calling all Pagans – 7:30 pm
 March 6 – Youth Group meets 7pm
 March 11 Threads in the Tapestry - 7:pm
 March 12 – Unitunz practice
 March 13 – Family Dance Party 5:30 pm
 March 19 - Calling all Pagans – 7:30 pm
 March 20 – Chalice Café 7:30 pm
 March 20 - Youth Group meets 7pm
 March 25 – Threads in the Tapestry – 7:pm
 March 26 - Threads in the Tapestry 10 am
 March 27 – 29 – OWL program
 March 27 Youth Group meets 7pm
 March 29 – Pot Luck lunch after service –
 finger foods – info - Harold 519-763-2406
 April 1 - Chant Club – 7:45 pm
 April 3 – Harry Potter night 5:30 pm
 April 8 - Threads in the Tapestry – 7:pm
 April 9 - Threads in the Tapestry 10 am
 April 10 - Youth Group meets 7pm
 April 17 - Chalice Cafe 7:30 pm
 April 22 - Threads in the Tapestry – 7:pm
 April 23 - Threads in the Tapestry 10 am
 April 23 - Board Meeting – 7 pm
 April 24 - Youth Group meets 7pm
 April 25 – Canvas Kick Off
 April 26 – Pot Luck lunch after service –
 finger foods – info - Harold 519-763-2406
 April 26 – Childhaven Silent auction & dinner.
 May 23 – UCG Indoor and Outdoor Garage Sale

UNITARIAN CONGREGATION OF GUELPH

122 Harris Street, Guelph Ontario N1E 5T1
 Phone 519-836-3443 www.guelph-unitarians.com

Lay Chaplains

Aspen Heisey	519-822-8666
June Gilbertson	519-823-7737
Melina Bondy	519-993-9216

The Board for 2008 - 2009

President	June Gilbertson	519- 823-7737
	junegilbertson@aol.com	
Past President	Linda Reith	519-837-9471
	lreith@on.aibn.com	
Vice President and Secretary	Deirdre Yates	519-766-0523
Treasurer	Steve Chovaz	519-823-9264
Member at Large	Harold Chapman	519-763-2406
Member at Large	Maria Chovaz	519-823-9264
Member at Large	Charles Davidson	519-763-3012
Member at Large	Janet Colley	519-824-0207

Committee Chairs

Social Action	Open	
Membership	Cheryl Laird	519- 821-7324
	cheryll@rogers.com	

Program Coordinator for Spiritual Development

Melina Bondy	519-824-9148
melinabondy@yahoo.ca	

Child & Youth Program Coordinator

Rebekah Jamieson	519-821-4176
rebekahjamieson@hotmail.com	

Caring Committee

Melina Bondy	519-824-9148
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Sunday Services

Lorna Wojcicki	519-822-1053
lwojcick@ovc.uoguelph.ca	

Chaplaincy Committee

Deirdre Yates	519-766-0523
deeyates@gmail.com	

Others Who Help

POD Coordinator	Janet and Emily Colley	519-824-0207
Interior Co-ordinator & Exterior Co-ordinator,	Harold Chapman	519-763-2406
Office, Newsletter Editor and Distribution and Building Rental,	Wanda Gordon	519-822-6353
	gordonwanda@hotmail.com	
Musician	Naomi Matsui	519-821-2830
	Pam Dickie	519-823-1891
	Paul Smith	
Puppeteer	Stuart Dixon	519-822-5008



Message from your Spiritual Development Coordinator

Well, it's almost here. Spring, the time for gardens and forests to wake from their snowy slumber. The season of possibilities, answering the call of hope. There so are many dreams ready to blossom, including the dreams of our congregation. The Caring Committee is being re-born, right now! It has been such a joy to help nurture this committee back into action. If you are willing to offer your time and skills to those in need, please let us know. Sometimes we just need a little help, to help each other.

The Children are getting ready for the Intergenerational Service coming up in May. The 9-12 year olds are writing a story and then all of the children will get to prepare and participate in the service. If you're feeling left out, don't despair! There will be opportunities for people of all ages to contribute. Stay tuned for activities in April. There are a few Friday Night activities coming up that everyone is welcome to: Family Dance party on Friday, March 13th and a Harry Potter Night on April 3rd. I can't wait!

Threads in the Tapestry continues to be a rich source of connection and exploration for those who come. There is still room for new people to join us as it is a drop-in group. If you have ideas for Adult Spiritual Growth Programs, let me know! Bill Hulet is looking to offer a meditation course in the summer and Amikyla van Stavel is offering an introduction to Thai Yoga Massage. There is something for everyone.

May you continue to nourish your dreams, prayers and joys as spring comes to renew us all. Be well and inspired!

in peace, melina bondy

Rebekah's Corner

Youth Group

Our youth have just finished exams and seem ready for some new, interesting adventures. We've had a visit from Rick Boersma to facilitate a brainstorm of UCG t-shirt ideas, and a few youth attended the recent Caring Congregation meeting. We're now planning a youth-led service for March 29 where a panel of young people will discuss their experiences of being a teenager in today's world and be open to questions. A "Prom Alternative" event is also being organized for later in the Spring as well as our annual youth work-weekend at Unicamp. New youth aged 12-18 are welcome to contact me at 519-821-4176.



Children's Spiritual Program

Our Sunday morning group has been growing steadily, both in volume and group togetherness. We have developed quite a nice rhythm, and we have been working through the UU curriculum called "In Our Hands - Peace and Social Justice." We've been discussing kindness and fairness, as well as getting to know each other better. A few of our members have happily migrated to the older group with Melina, and they are developing a pageant for all the young people to be a part of in the Spring.

My New Summer Job

I am very excited to be working this summer as the Assistant Director of Unicamp, alongside other fantastic members of our very own congregation, Shalom Steinmetz (Director) and Wanda Gordon (Administrative Manager). If anyone has any input or ideas they'd like to contribute, please let me know! Luka and I will be at camp most of the summer helping to make it run smoothly and enjoyably (hooray!).

Rebekah Jamieson

Canvas Kickoff

Saturday, April 25, 2009

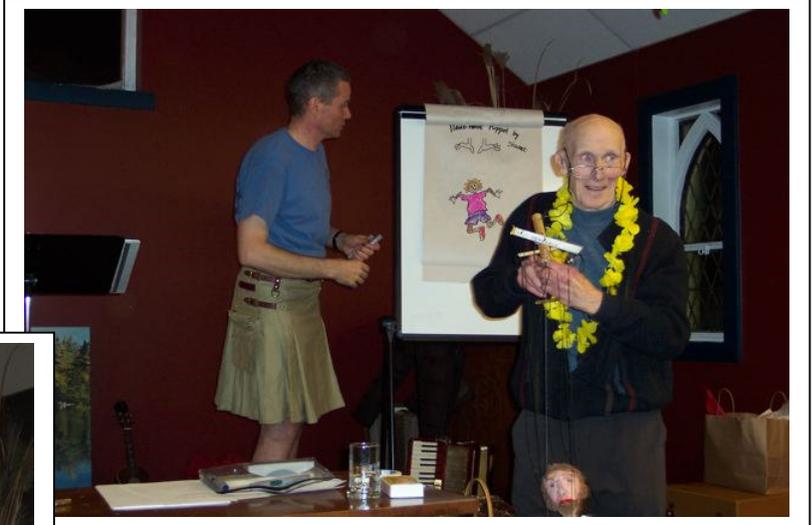
Wine and cheese – 7 pm

Fun, games, singing, and lots of wonderful entertainment – 7:45

Please join us for a fun and entertaining evening to kickoff our annual Canvas Campaign

Recent events at UCG

Dream Auction excitement



On Friday, February 6, 20 UCG community members gathered to discuss and dream up our CARING COMMUNITY, the topic of the Congregational Meeting. At UCG, we dare to see every Unitarian gathering as a "caring" gathering by ensuring there is attention paid to relationships and spirituality, not just business. We were first asked to respond to the question, **"What is happening when you feel most connected to the congregation?"**

- *During the games and great opportunities for collaboration offered by Youth Group*
- *When folks are sharing their passions in a small group setting such as the Board of Directors or the Sunday Service Committee*
- *When working with the small children in our community*
- *During the Sharing Circles: they allow for a "meeting of minds" during which folks connect deeply with others, even those they don't know*
- *During the "Story for All Ages" "Joys and Concerns"*
- *When people laugh and cry together*
- *Participating in Unitunes*
- *Making something happen, actively participating*
- *While washing dishes after the Sunday Service*
- *When listening, talking, and genuinely feeling as if they are being heard*
- *When the small children start running all through the building after service as others are having coffee, connecting all generations within the congregation*

If you missed this meeting, take a moment to ask yourself, What is happening when you feel most connected to the congregation? Feel free to share your answer with someone the next time you're at the UCG.

We then generated ideas and specific steps to build and sustain our Caring Community:

- *Run training workshops in "How to Care": how to reach out and offer assistance that helps rather than imposing*
 - *Regular phone calls and outreach to those within our community*
 - *Opportunities to offer congregational healing circles, like we did with June in the fall.*
 - *Regular meetings of pagan group*
 - *Outreach to newcomers, including a brochure: "How are we a caring community?"*
 - *Connecting with and learning from others (congregations, community groups...) involved in caring work and doing coalitional work with other groups in Guelph*
 - *Working to be more visible in the community at events that match up with our principles (rallies, etc.)*
 - *Training workshop: "Non-profit" outreach and advocacy*
- If anything here excites you, let us know! There are many opportunities to get involved in the congregation.

The Caring Committee is updating its Caring Directory. If you can offer time or skills in any of the following areas:

TRANSPORTATION * CARDS * PHONE CALLS * MEALS * VISITING * DOG WALKING * EMERGENCY CHILDCARE * LISTENING

*** PRAYER AND BLESSING
* FLOWERS * GROCERY SHOPPING
* ODD JOBS / MAINTENANCE * TUTORING *
SKILLS SHARING * CHILD CARE CO-OP *
MOVING * TEA PARTY/WELCOMING NEW
VISITORS**

Please sign-up on the large grid in the sunshine room on any Sunday, email coordinator@guelph-unitarians.com or phone 519.824.9148. The Coordinating Committee of the UCG's Caring Community currently consists of Melina Bondy, Sarah MacDougall and Lisa Lindsay. If you would like to take part in this very meaningful committee, please let us know. If you are in need of care and support, please let us know. The Committee will be up and running soon and we will do our best to help out.

MEMBERSHIP COMMITTEE MEETING NEWS

Hi Everyone: The Membership Committee met yesterday for its monthly meeting. We are pleased to announce that the directory is ready to be compiled. If you have not heard from us and would like to report a change in your contact information, please contact Cheryl Laird at 519-821-7324.

Remember how new everything seemed when you first joined the UCG? Remember how disappointing it was to hear of events after they had already happened? As the Membership Committee, we are very pleased with the great turn out at UCG Services and we want to welcome our friends, visitors and members to more exciting UCG events. If you would like to be part of a contact tree to notify visitors and members of upcoming events, please let Cheryl know at 519-821-7324.

A member of the Membership Committee is available at the Welcoming Desk every Sunday, so please stop by and say hi. We have the orders of service, membership directories and information on what's new at the UCG.

SUNDAY SERVICES COMMITTEE

The Unitarian Congregation of Guelph is a lay led community which affords us the opportunity to provide creative and varied services that address a number of interests and spiritual needs. Your Sunday Services Committee welcomes your input and ideas for speakers and presentations that you feel would be meaningful for the congregation. Contact Lorna Wojcick 519-822-1053 or lwojcick@ovc.uoguelph.com.

FRIDAY, MARCH 13 - FAMILY DANCE PARTY!

Whether you think it's a day of good luck, bad luck or no luck, come and dance the night away! Join us for a potluck supper at 5:30pm, then music will start at 6:30, aimed at the young in age and the young at heart. For information, please call Amikyla at 519.362.6262.

UCG'S LAY CHAPLAINS

The Unitarian Congregation of Guelph promotes freedom of choice and welcomes members of the larger community to explore the unique ceremonies we offer to celebrate life's milestones. In order to facilitate these services the Unitarian Congregation of Guelph is served by our Lay Chaplains. They are appointed by the congregation, provincially licensed and trained in the provision of meaningful, personalized ceremonies. Lay chaplains consider the learning and service they offer to be part of their own spiritual development. They are committed to the inherent worth and dignity of every person and the Unitarian Principles will speak to you of openness, acceptance, sensitivity and generosity of spirit.

Lay Chaplains, Melina Bondy and Aspen Heisey, attended some workshops at the Mid-Winter Retreat, Feb 7 in Bolton. It was an opportunity to meet up with about 20 other Lay Chaplains from other South Central Ontario Unitarian Congregations and have some deeper discussions and role-plays about how to work with difficult memorials.

One of the highlights was to have the afternoon workshop with Rev. Allison Barrett, recently retired from The First Unitarian Church of Hamilton. Our wedding calendar for spring and summer is filling up and we are also getting calls to do memorials.

CALLING ALL PAGANS

There will be a welcoming to earth based spirituality evening where people can get to know each other on Thursday March 5th. It will be at UCG and start at 7:30. That will give us an idea of who is interested and the range of experience we have in the group as well as a chance to experience a simple ritual that evening. At that gathering people can talk about what they would like to see happen in the future: perhaps monthly rituals at UCG, celebrations of the hinges, creation of smaller closed circles, a facilitated opportunity to learn about earth based spirituality. Everything is possible, if there is the will.

There will be an Equinox ritual on Thursday March 19th at UCG at 7:30. All are welcome.

Blessed be. Linda/Amalthea

CHALICE CAFÉ

March 20 and April 17 – 7:30 pm. Everyone is invited. Sponsored by the Unitarian Congregation of Guelph and hosted by members of the Guelph Unitunz musical group. Join us for a song circle. Bring your voices, your instruments and your songs to join in the jam or just sit back and hum along. Everyone who wants a chance to lead us in a song. Come for a bit or stay for a while. This is a welcoming event for all ages.

THE NEW UNITARIAN COURSE

Greetings to All! We are gearing up to run our New UU course, which is a great opportunity to meet and connect with other members of the congregation, learn more about UCG and what we do throughout the year, and discover more of the history of the Unitarianism. One of the steps involved in becoming a member is to learn about the history of the Unitarian religious movement, the history of our congregation and how we run ourselves today. The course covers all of this while also exploring each person's individual journey of spiritual growth. All are welcome to attend this informative and engaging workshop - whether you're considering becoming a member or just exploring. This course is offered free of charge and childcare can be provided upon request. The course will run on Monday March 2, 9, 16, and 23 between 7 pm and 9 pm. There are still a few spaces left. There will also be a Saturday option on March 28th between 9 and 4 for those not able to attend on Mondays. Please contact Melina at 519.824.9148 or coordinator@guelph-unitarians.com for more information or to enroll.

OUR WHOLE LIVES

The OWL Program will run again this year and our congregation will be the host site for the March 27-28 and May 8-9 parts of the program. Volunteers assist in overseeing sleepovers, preparing snacks and meals, cleaning up and carpooling. Thanks to all those who have volunteered to help.

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health, society and culture. Grounded in a holistic view of sexuality, *Our Whole Lives* provides not only facts about anatomy and human development, but helps participants to clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality.

THREADS IN THE TAPESTRY

is a time for spiritual inquiry and an opportunity to search for truth and meaning – together. We gather to listen to part of a Tapestry episode (CBC Radio 1) and then move into discussion, similar to the circle after service on Sunday mornings. This drop-in group meets on the 2nd and 4th Wednesday evenings (7pm) and Thursday mornings (10am) every month. All are welcome, invite your friends. Childcare can be provided upon request.

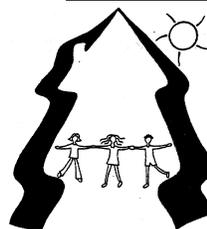
Upcoming Dates: Wednesdays at 7pm on March 11 and 25th, Thursdays at 10am on March 12th and 26th.

TWO RIVERS NEIGHBOURHOOD GROUP MARCH BREAK CAMP –

MARCH 16 - 20

Phone/Fax: 519 837 4248

info_tworivers@yahoo.ca



"UCG UNITUNZ ON THE ROAD.

The band is scheduled to play at the Elora/Fergus Congregation on Sunday, March 29 and in St. Catherine's Sunday May 31 and will be doing their "Seven Principles" service, which was a great success at UCG last October. If you'd like to participate please contact Bruce Walton at bruce@n8power.ca or 519-837-0322.

Rehearsals for the first gig will be Thursday March 12, 7pm at the UCG and Thursday, March 23, 7pm at Bill the Bassist's studio."

THE CARING AND SHARING PROGRAM AT UCG

The Caring and Sharing Project:

- (1) Purchases food in bulk at the first of the month at sale prices at local stores here in Guelph. We do research to find the best prices for food and then go to the store to make the purchases.
- (2) Organizes rides to the store and back home.
- (3) Allows people to indicate the amount of money they have for food purchases and the things they want purchased in bulk. They then go back to the Hall and clean, sort and repack the food for individuals use. Each person gets to take home their paid share of the food, ready to eat.
- (4) Talks about meal planning especially for people with disabilities or limited energy, making healthy choices re food and diet.

The program meets twice a month to purchase food and do prep. Last month, \$66 worth of groceries provided healthy meals and enough fresh fruit and vegetables for 2 weeks 4 women, nearly impossible without collective buying power and the volunteer contributions of time and energy. It's a team effort including parents, children and volunteers. Some are members of our Congregation and some are from the community at large. These children are being home schooled and this is part of their education. Karen McKay is the coordinator of the Program along with assistance from Dot Mercer and others. If you are interested in volunteering for this wonderful new project, please contact Karen. She can be reached at 519-766-9286

FRIDAY FAMILY HARRY POTTER FUN NIGHT AND POTLUCK FRIDAY APRIL 3, 5:30 - 9:00

Come join the Yates family for a potluck dinner and enchanted evening at UCG Friday April 3. Gathering to start at 5:30 with a potluck dinner at 6:00. After dinner we will have some Potions, Charms, and Defense Against the Dark Arts classes for all ages. Come one, come all, and come in an enchanted costume if you like!

DONATIONS CAN NOW BE MADE ON LINE

Just a reminder that your pledged donation can be made online by visiting our website at www.guelph-unitarians.com and clicking on the "New! On-line Donations are now possible. *Please follow this link.*"

Charitable receipts will be issued whether donations are made on-line or in person.

UNICAMP'S MARCH UPDATE

2009 will be Unicamp's 40th anniversary. There will be lots of special events throughout the summer. July 31 to August 3 is Homecoming.

Unicamp's 2009 Program Brochure is now available. Pick one up and discover what's available this summer.

There is a 10% discount for children's camp if payment is received before March 15th.

Want to work at Unicamp this summer. Check out our website at unicampofontario.ca for details on how to apply.

Questions/Info: unicampofontario@hotmail.com or 519 822-6353

THE NINTH INGA JARRETT MEMORIAL CONCERT SATURDAY MARCH 28, 2009 7.30 P.M.

Don Heights Unitarian Congregation presents

Classics for piano by

Debussy and Chopin

Arias by

Puccini

Leading 20th Century Georgian composers

Azarashvili and Taktakishvili

Flute, Cello and Piano Sonata by

Jean-Michel Damase

And the Premier of

"The Blackening Landscape"

A song cycle by Mark Richards

Jubilee United Church, 40 Underhill Dr. (Lawrence/DVP)

Tickets: \$20 (\$10 students) Tel: 416-444-8839

HELP RAISE MONEY FOR TWO GOOD CAUSES

WHILE HAVING SOME MID-WINTER FUN.

Honouring our history, seeding the future
Hamilton's annual social justice winter fundraiser
Proceeds to USC Canada and schools in India, through the Unitarian churches of the Khasi Hills, India and McMaster's Students International Health Initiative. To be held at the First Unitarian Church of Hamilton, 170 Dundurn Street south, Hamilton ON

Terrific live entertainment, including Rocketship 7

Tickets \$10, available at the door. Children under 12 free. Good food & a silent auction of great goods and services.

Saturday Feb. 28, 6:30-10 p.m.



GARAGE SALE BAKE SALE PANCAKES

UCG, HARRIS ST.

SATURDAY MAY 23, 2009

RAIN OR SHINE THE SALE WILL GO ON!!!

COME ON OUT TO SUPPORT OUR COMMUNITY, HELP OUT, SHOP AND ABOVE ALL CONNECT AND HAVE FUN.

We will need:

People, People, People - start thinking about how you would like to help. We will need help to organize, pick up, set up, clean up.....

Grills for the pancakes - We will need to borrow grills for the day.

Baked goods for sale - Whether you love to bake, or you simply want to donate something from the farmer's market, it would be appreciated.

Items for the garage sale - Please check your attics and garages, ask your friends and neighbours for donations.

For questions, suggestions, volunteer opportunities, item pick up - please contact Maria Chovaz at 519-766-1965 or maria@completebookkeeping.ca

GUELPH ACTIVISTS SPEAK SPIRITUALITY

Sunday, March 1,

10:30 a.m.'til noon: Service. (See front page for details)

1:30 p.m. - Water Conditions on Ontario Reserves

Presenters: Shabina Lafleur-Gangji & Matt Soltys

4:00 p.m. - Movie title - Five Ring Circus

A Documentary film examining the resistance to the Olympic Games in Vancouver, including environmental and land claim concerns. Presenter: Stephen O'Brien

Admission is free, donation to any cause is optional

All are welcome.



Eco-friendly cleaning products for marine, recreation and households.

ECO FRIENDLY FUNDRAISING

UCG is participating in a fundraising venture that enables you to purchase eco friendly cleaning products and support UCG at the same time. There is a display set up in the Sunshine Room and Janet Colley can answer any questions. The products are 100% plant based and water soluble, highly biodegradable PH7 neutral for marine use, non toxic, very safe around children and pets, no phosphates, non carcinogenic. Products include concentrated dish soap, toilet bowl cleaner, all purpose cleaner and a great/kitchen, tub and tile cleaner. You pay \$45.00, get a 6 month supply of cleaning products and get a charitable receipt for \$20.00, which UCG gets to keep.

Concentrated so these 4 bottles (6 month supply) replace



these 14 bottles.

Wind and Wave Solutions is a Canadian company that manufacturers and distributes environmentally friendly cleaning products for marine and home use.

Originally designed for commercial use, the products are widely used in public transit, zoos', movie theatre, hospitals, pharmaceutical companies, restaurants and hotels. Client list includes the T.T.C., the Toronto Zoo and Canada's Wonderland.

With a 20 year proven track record there is no risk, **The products work.**

Compared to other eco products they offer excellent value.

CHILD HAVEN INTERNATIONAL

Bazaar Style Evening and Dinner

Sunday, April 26, 2009

See poster on the bulletin board or speak with Joan Rentoul, 519-767-1360